

**IN THE CLAIMS:**

Kindly amend claims 21 and 25-27, and add new claims 31-35 as follows.

The present listing of claims replaces all prior versions, and listings, of claims in the instant application.

**Listing of Claims:**

Claims 1-20 have been cancelled.

21. (Currently Amended) A method for dispensing a substance into a mouth, wherein the substance is selected from the group consisting of a breath freshener and a flavoring agent, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the substance;

mounting the stud in a fistula formed in a part of a wearer's mouth; and

dispensing the substance into the wearer's mouth.

22. (Previously presented) A method as recited in claim 21, wherein the substance comprises a breath freshener.

23. (Previously presented) A method as recited in claim 21, wherein the substance comprises a flavoring agent.

24. (Previously presented) A method as recited in claim 23, wherein the substance includes a breath freshener mixed with the flavoring agent.

25. (Currently Amended) A method as recited in claim 22, wherein ~~the substance includes a~~ medication ~~is mixed~~ with the breath freshener.

26. (Currently Amended) A method as recited in claim 23, wherein ~~the substance includes a~~ medication ~~is mixed~~ with the flavoring agent.

27. (Currently Amended) A method as recited in claim 24, wherein ~~the substance further includes a~~ medication ~~is mixed~~ with the breath freshener and the flavoring agent.

28. (Previously presented) A method as recited in claim 21, wherein the substance is dispensed into the wearer's mouth by dissolving the substance over time in the wearer's saliva.

29. (Previously presented) A method as recited in claim 22, wherein the substance is dispensed into the wearer's mouth by dissolving the substance over time in the wearer's saliva.

30. (Previously presented) A method as recited in claim 23, wherein the substance is dispensed into the wearer's mouth by dissolving the substance over time in the wearer's saliva.

31. (NEW) A method for dispensing a substance into a mouth, wherein the substance is a medication, the method comprising the steps of:

providing a mouth and tongue stud including a means for dispensing a substance formed in a portion of the stud, wherein the means for dispensing a substance contains the medication;

mounting the stud in a fistula formed in a part of a wearer's mouth; and

dispensing the medication into the wearer's mouth.

32. (NEW) A method as recited in claim 31, wherein the stud is mounted in a fistula formed in the

wearer's tongue.

33. (NEW) A method as recited in claim 31, wherein the stud is mounted in a fistula formed in the wearer's lip.

34. (NEW) A method as recited in claim 21, wherein the stud is mounted in a fistula formed in the wearer's tongue.

35. (NEW) A method as recited in claim 21, wherein the stud is mounted in a fistula formed in the wearer's lip.